

Mt. Carmel XC Invite – Soph Course Girls Top 50 Times

	Top Girls Times and School	Time	Year
1	Molly Grabill, Rancho Bernardo	15:00	2008
	Kelly Lawson, La Costa Canyon	15:00	2010
3	Emma Abrahamson, La Costa Canyon	15:01	2011
4	Danica, Wyson, Aliso Niguel	15:21	2009
5	Angela Peterson, Francis Parker	15:31	1998
6	Alicia Williams, Corona	15:33	2011
7	Alli Billmeyer, Torrey Pines	15:36	2008
8	Erin Gillingham, Torrey Pines	15:37	2006
9	Erin Doherty, Flowing Wells	15:38	1994
10	Veronica Clark, Ramona	15:42	2011
11	Amanda Gehrich, Tesoro	15:43	2013
12	Brianna Miller, Carlsbad	15:44	2010
13	Dani Schulter, Torrey Pines	15:48	2001
14	Sierra Vega, Chaparral	15:51	2007
15	Melissa Aronson, Hemet	15:53	1994
	Sariah St. Laurent, El Camino	15:53	2001
17	Bella Longo, Mission Vista	15:55	2018
18	Ashlyn Dadkhah, Torrey Pines	15:57	2009
19	Zoey Delgado, Salpointe Catholic	15:57	2017
20	Ellie Abrahamson, La Costa Canyon	15:59	2010
21	Lisa Bangston, Henry	16:02	1996
22	Nicole DeSouchet, Alamosa, Co	16:03	2008
23	Shannon O'Connor, La Jolla	16:04	1994
25	Julie Komosinski, Torrey Pines	16:05	1998
	Angela Gemignani, Arroyo Grande	16:05	2013
27	Jessica Pound, Poway	16:06	1994
28	Claire Rethmeier, San Pasqual	16:08	2001
	April Lyon, Sultana	16:08	1995
30	Megan Morgan, Torrey Pines	16:09	2007
	Mia Adkins, Rancho Bernardo	16:09	2013
32	Danielle Voyles, Rancho Bernardo	16:10	2011
	Nicole Mier, San Marcos	16:10	1999
	Talley Hill, Arroyo Grande	16:10	2014
35	Jenna Timinsky, San Dieg. Academy	16:11	1999
	Anna Prim, Torrey Pines	16:11	2005
37	Lorena Jimenez, Orange Glen	16:12	1996
	Krista Egense, Rancho Bernardo	16:12	2005
39	Danielle Voyles, Rancho Bernardo	16:13	2011

	Sammy Silva, Our Lady of Peace	16:13	2006
41	Ruth Wiggins, Martin Luther King	16:14	2013
42	Jayne Harper, Santana	16:15	1994
43	Sabrina Seay, Mt. Carmel	16:15	2010
	Kaitlyn Sullivan, 1000 Oaks	16:15	2005
45	Nina Alvarado, Chaparral	16:16	2008
46	Carrie Soholt, Martin Luther King	16:17	2008
	Katrina Mecklenburg, Cathedral Catholic	16:17	2008
	Jill Tillema, Sultana	16:18	1998
49	Caroline Draper, Rancho Bernardo	16:18	1006
	Michaela Reynolds, Vista Murrieta	16:18	2013
51	Sarah Benson, Vista Murrieta	16:19	2010

Mt. Carmel XC Invite – Soph Course Boys Top 50 Times

	Top Boys Times and Schools	Time	Year
1	Luis Gutierrez, Rancho Cucamonga	15:14	2009
2	Elias Gedyon, Loyola	15:22	2008
	Evan Fox, West Hills	15:22	1997
4	Darren Fahy, La Costa Canyon	15:24	2009
5	Matt McInvale, Ramona	15:25	1997
6	Mark Matusak, Loyola	15:42	2002
7	Troy Swier, Mar Vista	15:44	2001
8	Joe Urbanski, Salpointe	15:46	1995
	Justin Neuroth, Vista	15:46	1997
10	AJ Acosta, El Camino	15:48	2003
	Eric Battles, Clovis West	15:48	2005
12	Alan Aradanas, Mt. Carmel	15:49	1999
13	Parker Stinson, Rancho Bernardo	15:50	2007
14	Anthony Monroy, Burroughs, Burbank	15:51	2009
	Efrain Caserez, Fallbrook	15:51	1997
	Andrew Campbell, Clovis West	15:51	2005
17	Christian Ricketts, Arroyo Grande	15:52	2014
	Jeff Stewart, Hart	15:52	1994
19	Steve Ketcham, Vista	15:53	1994
	Carlos Handler, Tem. Canyon	15:53	1998
	Sherod Hardt, Queen Creek	15:53	2007
22	Charlie Sherman, Loyola	15:54	2014
23	Porter Reddish, Vista Murrieta	15:55	2010

	Steven Fahy, La Costa Canyon	15:55	2011
	Jacob Ogden, Dana Hills	15:55	2013
26	Jason Finch, Granite Hills	15:56	1996
27	Maurice Chandler, Serra	15:59	1996
	Tal Braude, Torrey Pines	15:59	2011
29	Marcus Chandler, Serra	16:00	1996
30	Ryan Montez, Vista	16:01	1998
	Andreas Gomez, McFarland	16:01	1998
	Charley Hulse, Torrey Pines	16:01	1994
	Luke McGinnis, Poway	16:01	1999
34	AJ Yarnell, Saugus	16:03	2010
35	Dustin Diaz, Westin Hills	16:04	1995
36	Arturo Gonzalez, McFarland	16:05	1998
	Derek Morton, Mt. Carmel	16:05	2011
38	Lane Werley, Martin Luther King	16:06	2008
	Mike Hills, Jesuit	16:06	1994
	Matt Konold, Grossmont	16:06	1994
41	Ryan Gallaher, Temecula Valley	16:07	1994
	Gonzalo Garcia, Vista	16:07	1994
43	Mason Coppi, Dana Hills	16:08	2013
	Jackson Messer, Salpointe, AZ	16:08	2005
45	James Kostelnik, Loyola	16:09	2005
	Daniel Gomez, El Capitan	16:09	2010
	Mark Werley, Martin Luther King	16:09	2013
48	Gregor LLOYD-Smith, Torrey Pines	16:10	2005
	Brandon Benkosky, Granite Hills	16:10	1994
50	Adrian Ramirez, Castle Park	16:11	1994
	Kevin Davis, Clovis West	16:11	1999
	Bret Hasvold, Fallbrook	16:11	2005
	B. Walters, Sultana	16:11	2005
	Todd Vanduzer, Fallbrook	16:11	2005
	Luis Pina, Steele Canyon	16:11	2014