

# **Mt. Carmel/ASICS Cross Country Invitational**

Sat September 15, 2018 --Morley Field, Balboa Park, San Diego

Dear Coach,

The 39th Annual Mt. Carmel/Movin Shoes Cross Country Invitational will be held on **Saturday, September 15, 2018** at Morley Field in Balboa Park. The races will be held in the section of the park that is part of the Footlocker National XC Championships. Over 90% of the race distances are contested on this famed cross country course.

With an individual based format that allows the coach a chance to look at their team in grade level races, the invitational also gives the out of town coach a fine opportunity to take their team to a great competition where after they can go to the beach, visit the world-famous San Diego Zoo, or Sea World.

We will be offering in 2018 a chance for schools with outstanding athletes a Senior/Individual Sweepstakes race for outstanding athletes (no matter what grade) to all race together

Race distances are 2.95 for boys and 2.75 for girls. Each race, freshman, sophomore, junior, and senior, will award 60 places for athletes. We will again offer two division sizes (Large, Small). Last year's meet had 97 schools competing and had 3300 runners competing in the sixteen races. This year we will be again be featuring chip timing by **Finished Results**

If you are interest in participating in this year's meet we ask that you fill out the online entry information and return as quickly as possible. We will limit the meet to approximately 95 schools. This meet will be sanctioned in California, Arizona, Oregon, and Nevada. Schools will need to sign up prior to July 1 to be guaranteed placement in their proper division size. This meet was full and closed by August 1 last year.

We are asking coaches to fill out e-mail addresses to assist us with communication. Please fill the form out completely. You will find further information on the meet website [www.biggytfc.com](http://www.biggytfc.com). We hope this will help keep you better informed.

Hopefully, you will find yourself wanting to attend this cross country event. By following the entry process, you will receive information the first week in July.

If you need further information please feel free to call or e-mail.

**Dennis McClanahan -- Meet Director**

Home -- 858/449-5705

E-mail - [mtcarmelinvites@gmail.com](mailto:mtcarmelinvites@gmail.com)

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